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Summary Comparison of the 2022 *Reducing Intentional Head-first Contact Behavior in American Football Players* Position Statement to the 2004 *Head Down Contact and Spearing in Tackle Football* Position Statement

- Changed the title from *Head Down Contact and Spearing in Tackle Football* to *Reducing Intentional Head-First Contact Behavior in American Football Players*
- Expanded the original objective, which was to: “*decrease the risk of cervical spine fractures and dislocations in football players.*” Now: “*reducing the prevalence of head-first contact behavior in American football players with the aim of reducing the risk of head and neck injuries*”
- Added emphasis on the problem derived from scientific research using head-impact sensor technology, which was not widely available for the original position statement
- Added citations to support recommendations that are assigned a Level of Evidence, with a corresponding Strength of Recommendation Taxonomy (SORT) rating (i.e., A, B or C)
- Retained recommendation categories *Rules and Officiating (Regulations)* and *Education and Coaching (Administration)* and removed recommendation category *Practices and Concepts*
- Added recommendation categories *Skill Development and Behavior Modification* and *Technology and Scientific Research*
- Added an overview of the *Characteristics of Intervention Studies for Reducing Head-Impact Exposure in American Football*, with SORT study quality ratings, in table format.

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