"LIFE CYLE OF THE ATHLETE" PRESENTERS
Biographies

MODERATORS

AL GREEN, MEd, ATC

Al Green, MEd, ATC, is the director of marketing and business development for Healthcare Management Systems (HMS) in Lakeland, Fla. He is coordinator of athletic training services for both Rehab Health Partners and Velocity Rehab, divisions of HMS. Green serves as the chair for the National Athletic Trainers' Association (NATA) Public Relations Committee. He was inducted into the NATA Hall of Fame in 2004.

The former head athletic trainer at the University of Kentucky, Green has served in various capacities for the athletic training profession at the state, district and national levels.

STUART A. HIRSCH, MD

Stuart A. Hirsch, MD, is an orthopaedic surgeon at BioSport Orthopaedic and Sports Medicine Associates in Bridgewater, N.J. He is past chairman of the Department of Orthopaedics at Somerset Medical Center in Somerville, N.J., and clinical assistant professor of orthopedics at St. Joseph's Hospital and Medical Center in Paterson, N.J. At St. Joseph's, he is vice chair of orthopaedic residency training and teaching.

Hirsch is a board member and past president of the New Jersey Orthopaedic Society; former chairman of the orthopaedic section of the Medical Society of New Jersey; and an active member of the American Orthopaedic Society for Sports Medicine and the Arthroscopy Association of North America. He currently serves as chair of the Council on Communications of the American Academy of Orthopaedic Surgeons (AAOS).

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FORMAL SPEAKERS

ALVIN H. CRAWFORD, MD
"Youth & High School Sport Injuries: Can the Epidemic Be Stopped?"

Alvin H. Crawford, MD, is director of pediatric orthopaedics at Cincinnati Children's Hospital and professor of orthopaedics and pediatrics at the University of Cincinnati College of Medicine. After joining the hospital in 1977, he completed a teaching module in pediatric orthopaedics, which is widely used in residency programs in the United States and 33 other countries.

Crawford is considered the leading international expert on neurofibromatosis in children. He currently is a member of the Federal Drug Administration's (FDA) Panel for Orthotic and Rehabilitative Devices. In 2004 he was honored with the dedication of the Alvin H. Crawford, MD, Chair in Pediatric Orthopaedics at Cincinnati Children's Hospital. The Cincinnati Pediatric Society recently presented him with its Founder's Award.

JON ALMQUIST, ATC
"Youth & High School Sport Injuries: Can the Epidemic Be Stopped?"

Jon Almquist, ATC, is the athletic training program specialist for the Fairfax County Public Schools in Virginia. He currently oversees 25 high school athletic training programs, which care for 25,000 student athletes annually.

Almquist is chair of the National Athletic Trainers' Association's (NATA) Secondary School Athletic Trainers Committee and Appropriate Medical Care for Secondary School Age Athlete Task Force and writing team. He serves as vice chair of the Athletic Training Advisory Board with Virginia's Board of Medicine and is a member of the Sports Medicine Advisory Committee for the Virginia High School League.

LETHA Y. "ETTY" GRIFFIN, MD, PhD
"The Gen X Woman: Strength, Stress & Self"

Letha Griffin, MD, PhD, is a board-certified orthopaedic surgeon specializing in sports medicine at the Peachtree Orthopaedic Clinic in Atlanta. She is the team physician for Georgia State University and serves on the panel of physicians for the Atlanta Ballet. At the 1996 Summer Olympic Games, she acted as venue medical director.

Griffin served on the boards of the American Academy of Orthopaedic Surgeons, the American College of Sports Medicine, the Board of Certification for the National Athletic Trainers' Association and the Georgia State University Athletic Department. She has served as an associate editor for the *Journal of Bone and Joint Surgery* and regularly reviews articles for the *Journal of the American Academy of Orthopaedic Surgeons, American Journal of Sports Medicine* and *Physician and Sports Medicine*.

ELAINE WINSLOW-REDMOND, MS, ATC
"The Gen X Woman: Strength, Stress & Self"

Elaine Winslow-Redmond, MS, ATC, performed with the Radio City Rockettes for 11 years. As an athletic trainer, she has created a wellness program for the Rockettes and now is head athletic trainer and Athletic Training Program director for the troupe. She also serves as an athletic training consultant for the Blue Man Group, the New York Knicks City Dancers, Tap Kids and New York City Dance Alliance.

Winslow-Redmond is a member of the National Athletic Trainers' Association (NATA) and the Council on Employment for the NATA. She has a bachelor of fine arts degree in dance from the University of Massachusetts, Amherst and a master of science degree in applied physiology and nutrition from Columbia University.

NICHOLAS A. DINUBILE, MD
"Boomeritis and Beyond"

Nicholas A. DiNubile, MD, is an orthopaedic surgeon in private practice, specializing in sports medicine in Havertown, Pa. He serves as orthopaedic consultant to the Philadelphia 76ers Basketball Team and the Pennsylvania Ballet, and is a clinical assistant professor with the department of orthopaedic surgery at the Hospital of the University of Pennsylvania.

DiNubile is the author of *FrameWork: Your 7-Step Program for Healthy Muscles, Bones, and Joints* (Rodale Press). He is the national representative for the American Academy of Orthopaedic Surgeons (AAOS) and American Orthopaedic Society for Sports Medicine (AOSSM) for "Healthy People 2000/2010." During the first Bush Administration, he was a special advisor and medical consultant to the President's Council on Physical Fitness and Sports and now serves on the Board of Directors of the American Council on Exercise (ACE).

MARJORIE J. ALBOHM, MS, ATC
"Boomeritis and Beyond"

Marjorie J. Albohm, MS, ATC, is director of Business Development and Orthopaedic Research for Orthopaedics Indianapolis and the Indiana Orthopaedic Hospital in Indianapolis, Ind. She was one of the first women in the nation certified by the National Athletic Trainers' Association Board of Certification. She is the author of *Health Care and the Female Athlete* (Athletic Institute) and co-author of *Your Injury - A Common Sense Guide to Sports Injuries* (Masters Press).

Albohm was on the medical staff of the 1980 Winter Olympic Games in Lake Placid, and coordinated medical coverage for the 1987 Pan American Games, the 1988 Track and Field Olympic Trials, the 1991 World Gymnastic Championships and the 1996 Atlanta Olympic Games. She currently serves as vice president of the NATA Board of Directors. In 1999, she was inducted into the NATA Hall of Fame.

VONDA J. WRIGHT, MD, MS
"The Independence of the Active Senior"

Vonda J. Wright, MD, MS, is a sports fellow at the Hospital for Special Surgery in New York, and a clinical instructor in the Department of Orthopaedic Surgery at the University of Pittsburgh School Of Medicine. During the 2005 Senior Olympics, she coordinated six research studies focusing on factors influencing successful aging. She presented her findings as part of the White House Conference on Aging.

In 2004, Wright was selected as one of 10 participants in the American Academy of Orthopaedic Surgeons' Clinical-Scientist Development Program and was named an Emerging Leader in the field of Orthopaedic Surgery. She plans to develop an Institute for Senior Sports and Fitness that will focus on improving the athletic performance and well-being of senior athletes.

KENT BIGGERSTAFF, ATC
"The Independence of the Active Senior"

Kent Biggerstaff, ATC, has served as an athletic trainer in professional baseball for 36 years, 21 with the Pittsburgh Pirates. As an athletic trainer, he participated in three All Star Games and the Major League All Star Tour of Japan in 1996. For six years, he was president of the Professional Baseball Athletic Trainers Society and served on its executive board for 13 years.

Biggerstaff was a founding director and co-chairman of the Major League Invitational Golf Tournament. He served on the advisory boards of the Department of Athletic Training and the John Rangos School of Health Sciences of Duquesne University in Pittsburgh. During the 2005 National Senior Olympic Games, he was the director of Competition & Venues, and was responsible for 10,400 senior athletes who participated in 18 sports over a two-week period.

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