

National Athletic Trainers' Association
Undergraduate Student Writing Contest

Deadline: ALL Materials and Electronic copies
MUST BE RECEIVED BY MARCH 1, 2010.

If March 1st occurs on a weekend, then all materials and electronic copies must be received by 5:00 pm on the previous Friday.

The following is the format for submissions to the NATA Undergraduate Student Writing Contest:

1. Submission guidelines.
 - a. 12 point font.
 - b. Arial font.
 - c. 1 inch margins on all four sides.
 - d. Double space the entire manuscript.
 - e. Do not right justify the pages.
 - f. Begin page numbering on the abstract page with page 1 and then each page thereafter is numbered consecutively.
 - g. No authors names in headers or footers of the manuscript.
 - h. No manuscript title in headers or footers of the manuscript.
 - i. Follow the *AMA Manual of Style* for the entire manuscript, references, tables, and figures.
 - j. If including tables, figures, or pictures, they must each be on a separate page and follow the references.
 - k. The submission must be submitted electronically and in hard copy. The entire electronic submission must be in one file.
 - l. Three paper copies must be mailed to the NATA Office for the Undergraduate Student Writing Contest.
 - m. The NATA USWC committee will be checking the submission electronically for plagiarism.
 - n. All students must be members of the NATA in order to submit to the contest.
 - o. No more than 6 authors are allowed on one manuscript submission.

2. Cover sheet for the entire submission.
 - a. Must contain the following information.
 - a. Student's Name.
 - b. Name of school the student is attending.
 - c. Year in school.
 - d. NATA member number.
 - e. Student's Mailing address.
 - f. Student's Email address.
 - g. Student's Telephone number.

3. Cover page for the manuscript must contain the following information.
 - a. Title (brief and to the point).
 - b. No titles longer than 16 words.
 - c. Contest category that the paper is being submitted to:
 1. Case Report.
 2. Literature Review.
 3. Original Research.
 - d. Author and contact information.
 - e. Name of the school.
 - f. Athletic training program director's name and their contact information.
4. Title page with NO author information.
5. Abstract page.
 - a. 300 word maximum.
 - b. First line is the title.
 - c. Skip 2 lines and begin the abstract.
 - d. Following the abstract, skip 2 lines and list 3 key words.
6. Manuscript.
 - a. The manuscript follows on a new page. There is NO title on this page or any page that follows.
7. If the paper is **ORIGINAL RESEARCH**, it must have the following sections:
 - a. Introduction.
 - b. Methods.
 - c. Results.
 - d. Discussion.
 - e. References.
 - a. Utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations.
8. If the paper is a **CASE REPORT**, it must have the following sections:
 - a. Personal data of the subject.
 - a. Age.
 - b. Gender.
 - c. Race.
 - d. Marital status.
 - b. Chief complaint.
 - c. History of present complaint, including symptoms.
 - d. Results of physical examination.
 - e. Medical history.
 - f. Diagnosis, treatment, and clinical course.
 - g. Criteria for return to competition.

- h. Deviation from expectations (what makes this case unique).
 - i. References.
 - a. Utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations.
9. If the paper is a **LITERATURE REVIEW**, it must have the following sections:
- a. Introduction.
 - a. Overview of the issue/topic and why it is being examined.
 - b. Objectives of the literature review.
 - b. Body.
 - a. Divide the literature review into the various categories that relate to the topic, making sure that subheadings are used to separate the categories of articles that are similar or different.
 - b. The four primary literature reviews are:
 - 1. Chronological.
 - 2. Thematic.
 - 3. Methodological.
 - 4. Qualitative.
 - c. Conclusions.
 - a. Bring the literature review to a close with a conclusions section that synthesizes the paper.
 - d. References.
 - a. Number the references consecutively.
 - b. Utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations.

Mailing address for paper copies:

NATA Undergraduate Student Writing Contest
Attention: Amy Smith
2952 Stemmons Freeway
Dallas, TX 75247

Chairperson of the contest is:

Dr. Lori Dewald, EdD, ATC, CHES, F-AAHE
Her Telephone Number: 443-880-1727

Email address for submission of the electronic file is: LLDewald@gmail.com